



Terre Haute Deanery Pastoral Center

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Your Family Disaster Supplies Calendar – Week 13

The Family Disaster Supplies Calendar is intended to help you prepare for man-made or natural disasters before they happen. Using the calendar, your family can assemble an emergency kit in the small steps over a six-month period.

Check off each week as you gather the contents. Supplies may be stored all together in a large plastic garbage can or plastic bins with wheels. Remember to rotate your perishable supplies and change water every six months.

The shopping list for Week 13:

- 1 can fruit*
- 1 can meat*
- 1 can vegetables
- Paper plates
- Eating utensils
- Paper cups
- Styrofoam cups and lids (for hot drinks or soup)

* Per Person

Emergency Preparedness Actions:

- Make a plan to check on a neighbor who might need assistance